

SCHOOL DAY

This school system exists to provide education to the children and young people who reside within the unit. The Board believes that the most effective instruction occurs through the direct contact of competent teachers with their students in the teaching-learning setting. Therefore, it is the intent of the Board to maximize instruction time for each age level within the student body during every typical school day.

The “instructional day” is not considered to include homeroom periods, opening exercises, recess, lunch, passing times, activity periods, band practice, intramurals, other extracurricular activities and such like. Exceptions shall only be made with the approval of the Superintendent. The number of school days shall meet or exceed the state requirement and be set annually by this Board and be included in the school calendar. Abbreviated days to be included for in-service, conferences, etc., shall be kept to a minimum.

High School Level

The instructional day shall consist of 4 teaching blocks, each 80 minutes in length. Double or continuous laboratory periods, modular scheduling and the like, may be approved by the Superintendent. Appropriately conducted study halls, individually scheduled for the needs of the students, shall be recognized as within the instructional day. The school year shall include at least 175 instructional days.

Junior High School Level

The junior high school schedule consists of 5 periods, each 43 minutes in length for the core subjects. The junior high school schedule also includes 2 additional 43 minute periods for students to attend non-core classes such as physical education, health, chorus, band, art, and technical education. Every third week the junior high school schedule rotates to a block format on Tuesday and Wednesday. Each of the 5 core subjects are taught during this modified block time. The school year shall include at least 175 instructional days.

Elementary Level

The instructional day for kindergarten and grades one and higher shall consist of 5 hours and 15 minutes.

The Pre-Kindergarten instructional day shall consist of 2 hours and 30 minutes.

At the elementary level, the school year shall include at least 175 instructional days.

Legal Reference: 20-A MRSA § 4801
Ch. 125 § 6.02-6.04 (Me. Dept. of Ed. Rule)

Adopted: June 2, 1980

Revised: May 7, 2007; November 4, 2013

